



— THE —  
DELMAR GARDENS  
*Family*



SKILLED NURSING AND  
REHABILITATION CENTERS

## Physical and Occupational Therapy

- Gait Training
- Wound Care
- Fall Management
- Balance Training
- Arthritis Management
- Pain Management
  
- Modalities
  - Ultrasound
  - Hot packs
  - Cryotherapy (ice)
  - Electrical Stimulation
  - Paraffin
  - Whirlpool
  
- Activities of Daily Living Retraining
  - Feeding Programs
  - Hygiene/Toileting
  - Bathing/Dressing Programs
  - Home Management Activities
  - Leisure Time Activities
  
- Therapeutic Exercise/Muscle Reeducation
  - Gross/Fine Motor Coordination Activities
  - Facilitation/Inhibition Techniques
  - Range of Motion Activities
  - Strengthening
  
- Postural Drainage
  
- Postural Improvement Activities
  
- Functional Mobility
  - Bed Activities
  - Mat Activities
  - Wheelchair Activities
  - Transfer Training
  
- Positioning Programs
  
- Splinting/Orthotics
  - Static and Dynamic
  
- Perceptual Motor Activities
  - Safety and Judgment Skills
  
- Sensory Integration/Stimulation
- Cognitive Retraining
- Edema Reduction Techniques
- Work Simplification/Energy Conservation
- Restraint Reduction
- Restorative Programs
- Maintenance Programs

## Speech Therapy

- Dysphagia/Swallowing Therapy
- Voice Disorders
- Expressive Language Disorders
- Receptive Language Disorders
  
- Aural Rehabilitation
  - Diagnostic Audiology
  - Speech Reading
  - Cerumen Management
  - Amplification Recommendations
  - Assistive Listening Devices
  
- Augmentative Communication
- Functional Maintenance Programs
  - Communication Systems/Boards
- Restorative Training

*With over 50 years of experience in caring for seniors, the Delmar Gardens Family understands that the care, services and amenities vary by person. Please call us for the most current pricing as based on your loved one's needs and requests.*



770-432-4444

# REHABILITATION TEAM ADVANTAGE

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- Daily, full-time rehabilitation services:
  - Physical Therapy
  - Occupational Therapy
  - Speech Therapy
- Qualified and experienced therapists in all disciplines.
- Ongoing communication with family members and caretakers regarding the course of treatment.
- Consistent staff with minimal turnover.
- Home visit/consultation prior to discharge, ensuring the resident is functioning at maximum level on return to home.
- Interdisciplinary approach.
- No waiting time to begin rehabilitation. Services may be initiated upon admission.
- Individualized treatments based on each person's total needs.
- Screening on admission and periodically, at no charge to the patient, to assess patient progress, to evaluate the need for further rehabilitation services, and to maximize their optimal potential.

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## What is Therapeutic Recreation?

Therapeutic Recreation is an activity-based program designed to improve or maintain the physical, mental, emotional, spiritual, and/or social functioning of our residents. We assist them in expressing individual lifestyles, which we believe will add meaning and value to their sense of self during their stay at Delmar Gardens.

Therapeutic Recreation has been and continues to be an integral part of Delmar Gardens' "tradition of excellence." Included in the comprehensive care of every resident is an individualized therapeutic recreation program designed to meet a wide spectrum of needs and skill levels, from active leisure lifestyles to sensory stimulation.

At Delmar Gardens we provide a wide variety of group, as well as individual, therapeutic interventions to meet our residents' many needs. They include:

- Entertainment
- Crafts
- Intergenerational Programming
- Exercise
- Cooking
- Gardening
- Music Therapy
- Family Gatherings
- Social Hours
- Resident Council

- Room Visits
- Service Projects
- Parties
- Community Outings
- Pet Therapy
- Religious Services
- Games
- Current Events
- Reminiscence Groups

An opportunity to have a successful experience is created through a comprehensive assessment to evaluate the strengths and/or limitations of each resident. Small and large groups of people with similar interests and abilities are offered programs and activities to create a warm, homelike environment and promote social well-being.

We believe that you, the family, are an important part of helping us assess the unique strengths, interests, and needs of our residents. We welcome your ideas and your participation in the care of your family member.

The Therapeutic Recreation Department is proud to offer this specialized activity program as part of the comprehensive care that your family member will receive at Delmar Gardens. We have designed the program with the hope that your loved one's stay here will be a full and satisfying one.

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## SERVICES & AMENITIES

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Delmar Gardens of Smyrna is fully licensed and inspected by Federal, State and local regulatory agencies. We are proud of our warm, homelike atmosphere and of our professional background in extended care.

- Admissions seven days a week
- Private and semi-private rooms
- 24-hour professional nursing services
- Dental, optometric, and podiatric care
- Medical director on-call 24 hours a day
- Liberal visiting hours
- Full rehabilitative program including daily physical, occupational, and speech therapy
- Daily social and recreational programs
- Religious services
- Luxurious furnishings
- Elegant dining rooms
- Emergency call system
- Fire safety equipment
- Grab bars in bathing and toilet areas
- Obstruction-free floor plan (promotes greater independence)
- Beauty/Barber Shop

Whether for a day, a week, a month or longer, the finest staff and facilities are always available to residents for long or short term care. Liberal visiting hours offer family and friends the opportunity to visit early or visit late, depending on their schedules. Delmar Gardens welcomes visitors as much as our residents do.

At Delmar Gardens we consider ourselves a family. Tradition is the foundation of our family. Love, care, and understanding are the basis of our tradition. And at Delmar Gardens of Smyrna, the tradition continues...

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## MEDICARE INFORMATION

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Delmar Gardens of Smyrna is certified for participation in the Medicare (Title XVIII) program. Some residents who need in-resident and skilled nursing care or rehabilitation services following a period of hospitalization, may be eligible to receive certain Medicare benefits while residing in our facility.

Many people assume that any resident who has been in the hospital and needs nursing home care can qualify for Medicare coverage in a skilled nursing facility. It's not quite that simple. Medicare will not pay for "custodial care" and will only assist in meeting the cost of care if a resident requires "skilled care." Medicare readily acknowledges that tube feedings, intravenous fluids, daily injections, and rehabilitation services are examples of care which usually qualify as skilled care. The degree of a resident's helplessness, the prognosis and diagnosis are not significant in the Medicare determination; rather it is the professional skill that is necessitated in caring for the resident which qualifies a resident for Medicare coverage.

Prior to discharge from a minimum three day hospital stay, the physician, therapists, and other health care professionals, in conjunction with the nursing facility, can determine whether the care the resident needs will qualify for coverage under the Medicare guidelines. There are circumstances which may make the decision not possible until after the resident has been evaluated by the facility.

Participation in the Medicare program is short term. Length of time or coverage is based on observable and measurable progress. Each case is different and there are many circumstances to be considered to determine length of time on the program.

Maximum coverage currently available is 100 days. Not all participants meet Medicare criteria to receive 100 days. The Medicare program will cover the cost of a nursing home stay 100% from day 1 through 20. On the 21st day (if the participant still qualifies for coverage) Medicare pays a portion of the stay. The portion not covered is either the responsibility of the individual or another insurance program.

Our Social Worker, Director of Nursing, or Administrator will be happy to answer any additional questions you might have regarding Medicare coverage.

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