



RETIREMENT, ASSISTED LIVING  
AND  
MEMORY CARE COMMUNITY



770.432.4444  
delmargardens.com

## SERVICES & AMENITIES – RETIREMENT, ASSISTED LIVING, MEMORY CARE

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*Carefree retirement living means knowing that all services are included and available to you.*

*At Delmar Gardens of Smyrna, there are no entrance or endowment fees.*

*Your monthly check takes care of most everything.*

- Fully-equipped alcove, one bedroom, and two bedroom apartments
- Carpeting and window treatments
- Superb cuisine served restaurant style in beautifully-appointed dining rooms
- Complimentary dinner meal included
- State-of-the-art Fitness Center
- Indoor swimming pool and hot tub
- Billiards/Game Room
- Computer Lab
- Cocktail Lounge
- Complimentary Happy Hour
- Complimentary Ice Cream Parlors
- Six Hole Putting Green/Shuffle Board
- Complimentary Laundry Facilities
- Styling Salon
- Emergency alert system
- Staff available 24 hours a day
- All utilities paid (except telephone and cable tv)
- Weekly maid service and flat linen service
- Daily scheduled transportation to special events, doctors appointments, and shopping
- On-site postal services
- Full recreational, social, educational, and cultural programs
- Delivery of packages, groceries, and medications to your apartment
- Reserved parking
- Wellness Programs
- Smoke detectors and sprinkler systems monitored 24 hours a day
- Assisted Living Services
- On-site skilled nursing care & rehabilitation services

***Independent Living Monthly Rate Starting at: \$2175***



770-432-4444

## ASSISTED LIVING

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*For those who want the most from their retirement, but need a helping hand on a daily basis, the Assisted Living Apartments at Delmar Gardens of Smyrna offer a gracious, comfortable, secure environment. A fully-equipped, beautifully-designed apartment is complemented by services and amenities specially created to accommodate special needs.*

- Licensed by the State of Georgia
- Assistance with bathing and personal grooming
- Assistance with medications
- Assistance with menu planning and special diets
- Specially trained, qualified Senior Living Staff
- Three gourmet meals a day prepared by our executive chef
- All utilities paid (except telephone and cable)
- Personal laundry and flat linen service
- Housekeeping services
- Elegant dining room
- Cocktail Lounge
- Social, recreational, educational and fitness programs
- Activity area
- State-of-the-art Fitness Center
- Personalized Wellness Consultation
- Scheduled transportation to doctors appointments, special events, shopping
- 24-hour staffing & Emergency Response System
- In-house escort service
- Rehabilitation services available

***Monthly Rate Starting at: \$3575***



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## ENRICHED LIVING FOR MEMORY CARE

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Our secured Enriched Memory Care Living program assures that residents with cognitive impairments receive the patient, loving support they deserve. All services are offered with their personalized needs in mind in addition to:

- Certified staff specially trained and devoted to caring for residents with Alzheimer's and cognitive impairments
- Assistance with bathing and personal grooming
- Assistance with incontinence management
- Medication management by a Licensed Nurse and administered by Certified Medication Aides; Quarterly medication review by a Pharmacist specialized in long-term care
- Three gourmet meals a day served restaurant style and prepared by our Executive Chefs
- Registered Dietitian on staff to assist with menu planning and special diet needs
- Special care approaches include: validation and aroma therapy, hand-under-hand and Montessori techniques
- Additional tailored recreation therapy provided seven (7) days a week to include group and individual activities
- Family education & support groups
- Additional daily light housekeeping and bed making
- Personal laundry and flat linen service

***Monthly Rate Starting at: \$4745***



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# WELLNESS PROGRAM

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*The focus at Delmar Gardens is to help our residents maximize their independence by increasing their stamina and improving their health. Our wide range of services includes:*

## **COMPREHENSIVE EXERCISE PROGRAM**

If they wish, residents may participate in regularly scheduled low-impact aerobics classes, weight training classes, line dancing classes, or aquatic exercise classes in our swimming pool. Many residents take advantage of our Fitness Center at their leisure.

## **VISITING SPECIALISTS**

Professional services including podiatry, audiology and optometry are available in our Wellness Office on a regularly scheduled basis.

## **WELLNESS EDUCATION**

Delmar Gardens offers a variety of experts in the health field. Our monthly health talks include: Coping with Arthritis, Healthy Eating, Stroke Prevention, and more.

## **PROFESSIONAL THERAPY SERVICES**

If a resident's doctor recommends Physical, Speech, or Occupational Therapy, our resident can take advantage of our on-site therapy services provided by highly-qualified licensed professionals. Amenities also include a well-equipped therapy room and aquatic therapies.

## **DAILY CHECKS**

Every resident enjoys the security of knowing that a well-being check is made every day. Our unique butterfly system alerts a staff member if a resident hasn't opened his or her door by noon each day.

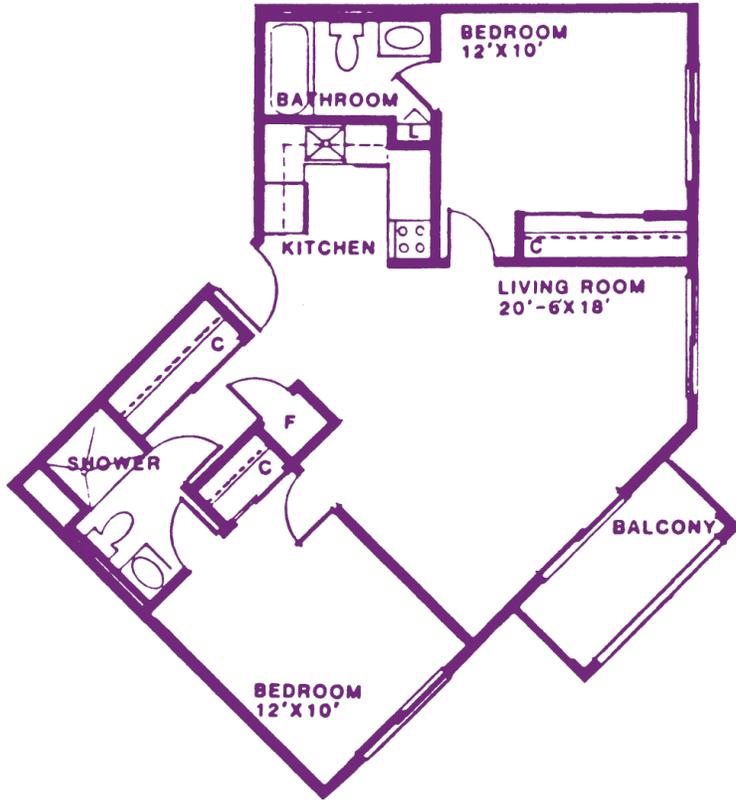
## **SKILLED NURSING FACILITY**

If our residents should ever need professional health-care services, it is comforting to know that Delmar Gardens has a fully-staffed 120 bed skilled nursing center in the complex, which includes a Medicare-certified unit.

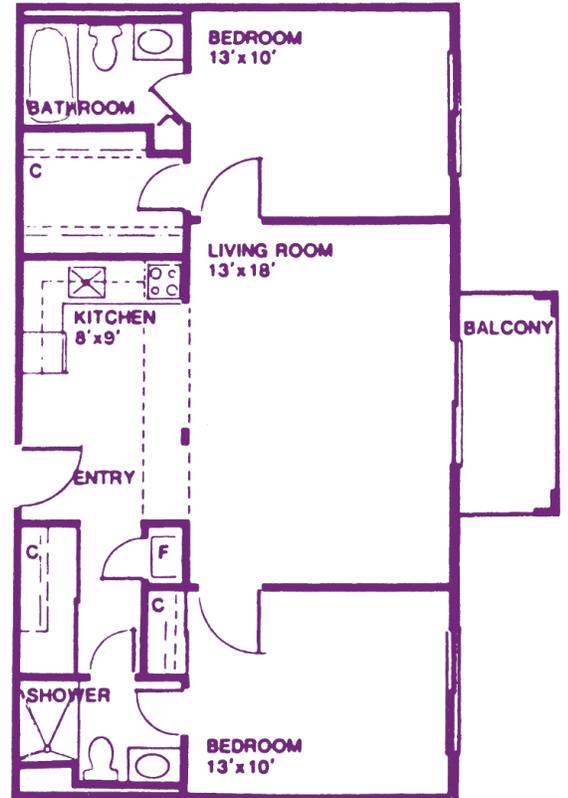


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# TYPICAL FLOOR PLANS



**TWO BEDROOM CORNER**  
825 SQUARE FEET

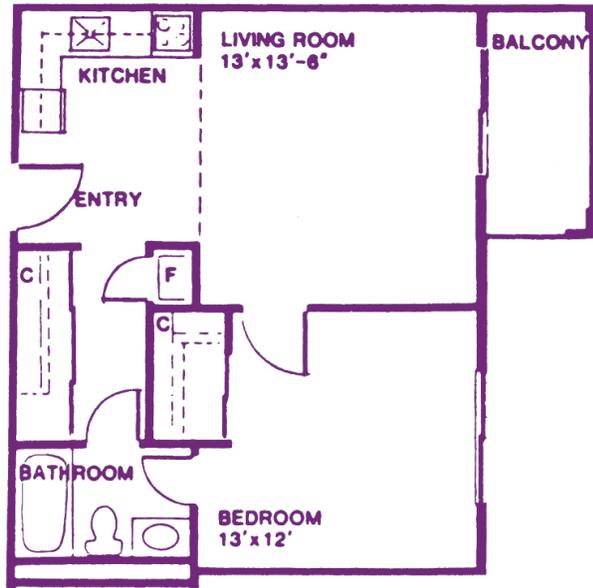


**TWO BEDROOM**  
858 SQUARE FEET



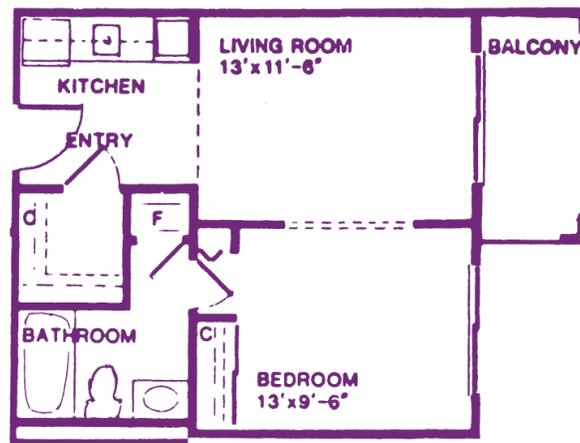
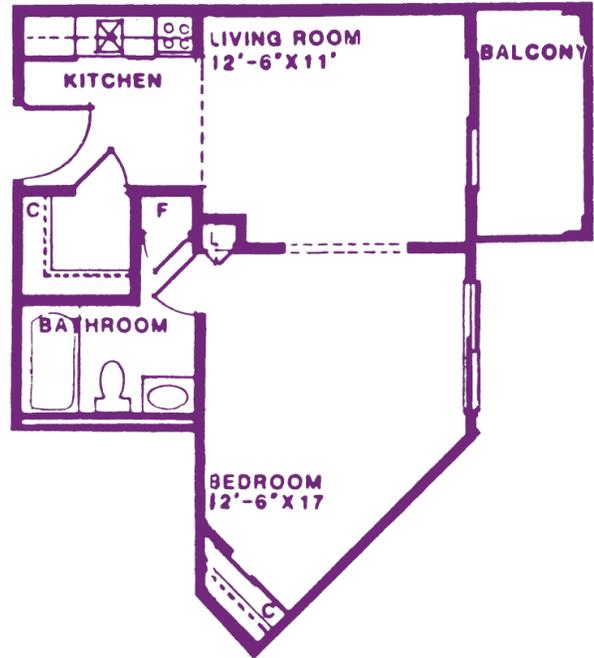
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# TYPICAL FLOOR PLANS



**ONE BEDROOM  
572 SQUARE FEET**

**DELUXE ALCOVE  
515 SQUARE FEET**



**ALCOVE  
429 SQUARE FEET**



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Delmar Gardens of Smyrna is fully licensed and inspected by Federal, State and local regulatory agencies. We are proud of our warm, homelike atmosphere and of our professional background in extended care.

- Admissions seven days a week
- Beautifully decorated private and semi-private rooms
- 24-hour professional nursing services
- Dental, optometric, and podiatric care
- Staff physician on-call 24-hours a day
- Unlimited visiting hours
- Full rehabilitative program including physical, occupational, and speech therapy
- Social, recreational, educational, and cultural programs
- Weekly religious programs (all denominations)
- Luxurious furnishings
- Pleasant dining and lounge areas
- 24-hour emergency response system
- Obstruction-free floor plan makes movement around the center simple (especially for wheelchairs)
- Beauty/Barber Shop

Whether for a day, a week, a month or longer, the finest staff and facilities are always available to residents for long or short term care. Unlimited visiting hours offer family and friends the opportunity to visit early or visit late, depending on their schedules. Delmar Gardens welcomes visitors as much as our residents do.

At Delmar Gardens we consider ourselves a family. Tradition is the foundation of our family. Love, care, and understanding are the basis of our tradition, and at Delmar Gardens of Smyrna, the tradition continues.

