



THE TRADITION CONTINUES

OUR FAMILY CARING FOR YOUR FAMILY

PHILOSOPHY

The Delmar Gardens Family of nursing centers and retirement communities has been providing outstanding care to our residents since 1965. Delmar Gardens Home Care was established to extend this quality care into our patients' homes in a professional manner. Our multi-disciplinary team of professionals develops a plan of care to meet the physical, spiritual and psychological needs of our patients.

Delmar Gardens Home Care is a Medicare / Medicaid, state-licensed and certified agency offering skilled at-home intermittent care for patients. Highly qualified nurses, rehab therapists, social workers, and home health aides work in harmony to address each patient's individual needs. Our staff is caring and concerned, well-trained and highly qualified. Each member of our team is carefully screened and fully insured. Services are offered 24 hours a day, 7 days a week.

Delmar Gardens Home Care believes our wide range of services reaches one step beyond the expected, by helping our patients maintain good health and continued independence. We work closely with families and with physicians to develop and implement a total home care program.



For over 12 years, Delmar Gardens Home Care has received Joint Commission accreditation and is a member of Missouri Alliance for Home Care.



Rehabilitation Services

Our staff of expert speech, physical, and occupational therapists works together to restore patients to a healthy physical and psychological state.

Physical Therapy

Following orthopedic surgery, illness, onset of neurological conditions, generalized weakness and other conditions affecting mobility, the licensed physical therapist and team members develop a program to improve each patient's mobility and to achieve his or her maximum level of functioning.

- Range of motion, dexterity and muscle strength
- Self care and ambulation techniques
- Therapeutic exercises
- Transfer techniques
- Use of crutches, canes, or walkers

Occupational Therapy

Loss of function in the arms, difficulty with dressing, bathing, meal preparation, and other functional activities as well as adaptive equipment needs are all addressed by a registered occupational therapist. Our therapists and assistants also help patients with cardiopulmonary, neurological, and orthopedic conditions, as well as those lacking endurance. Occupational therapy is meant to allow the patient to be as independent as possible.

- Improve functional abilities
- Fabricate and apply splints
- Assist in selection and use of adaptive equipment

Speech Therapy

Neurological, orthopedic, and traumatic conditions that affect the ability to speak, swallow, problem solve, word find, and other related communication difficulties are addressed by a licensed speech pathologist. This specialized therapist assists the patient in achieving his or her maximum potential relating to communication and oral-motor skills.

- Evaluate and treat language deficits resulting from disease or stroke
- Evaluate and treat swallowing disorders (Oysphagia)
- Evaluate and treat motor speech deficits
- Evaluate and treat voice disorders
- Council and teach families strategies related to specific diagnosis



Specialized Care

CHF (Congestive Heart Failure)

More than three million Americans have congestive heart failure, and as the population ages the incidence of congestive heart failure is rising rapidly. Our program helps to keep the patient out of the hospital and decrease rehospitalization.

Wound Care

Some wounds are deep and need medical attention to prevent infection and loss of function, due to damage to underlying structures like bone, muscle, tendon, arteries and nerves. The purpose of medical care for wounds is to prevent complications and preserve function.

Diabetic Care/Training

Diabetic patients have special dietary and exercise concerns that cause bigger problems if neglected. Education must be intertwined with medical treatment. Our team helps to develop and monitor a diabetic teaching plan.

COPD (Chronic Obstructive Pulmonary Disease)

Prevent further deterioration in lung function, alleviate symptoms and improve performance of daily activities and quality of life. Chronic obstruction of the flow of air through the airways and out of the lungs, generally is permanent and may be progressive over time. Delmar Gardens Home Care helps to develop and maintain a care plan.

Counties Served

St. Louis City • St. Louis County • St. Charles County
Jefferson County • Lincoln County • Warren County

Skilled Nursing Care

Delmar Gardens Home Care is committed to providing professional care to homebound patients. Specific needs and unique factors which influence each patient's care are taken into consideration. A Registered Nurse serves as case manager and makes a complete assessment of the homebound patient. Working in conjunction with the attending physician, a plan of treatment is prepared for each patient.

- Assessment of medical compliance
- Cardiovascular care
- Diabetic management
- Equipment purchase or rental
- Injections
- Post-operative assessment
- Parenteral and enteral therapy
- Stroke rehabilitation
- Wound and decubitus care

Home Health Aides

Delmar Gardens Home Care Aides play a vital role in caring for the homebound. Under the supervision of a Registered Nurse, Physical or Occupational Therapist, they foster independence and self-esteem in their patients. Services include assistance with personal care and many other activities of daily living.

- Personal hygiene
- Bathing
- Nail care
- Oral hygiene
- Skin care
- Vital signs

Medical Social Work

A state-licensed social worker helps the patient and family develop a plan to alleviate the special problems which often accompany a serious illness or accident. The social worker assists with financial counseling, community referrals, abuse or neglect concerns, and nursing home placement when needed.

Our social worker can offer specialized assistance to older adults and families in the privacy of their own homes. They can assist with identifying needs, counseling, accessing services, and long-term planning.

- Adjust to physical illness
- Coordinate medical and social agencies
- Counseling
- Crisis intervention
- Referral to community support services

Reimbursement

Medicare/Medicaid

Delmar Gardens Home Care will provide all billing to Medicare/Medicaid patients. We accept reimbursement from Medicare and Medicaid without any cost of service to the patient.

Third Party Reimbursement

If the patient qualifies for third-party reimbursement, Delmar Gardens Home Care provides this billing, and payment will be made to the agency.

Workers Compensation

Workers Compensation is accepted as payment in full without any charge to the patient.

Private Pay

Patients and or families may choose to pay for health care services rendered by Delmar Gardens Home Care.



Intake staff available
7 Days A Week

Phone: 636/733-7330
Fax: 636/733-7331
14805 North Outer 40 Rd. Ste. 320
Chesterfield, MO 63017-2026